



Teddy with simulated baby tooth: A tooth brushing demonstration tool. Thailand



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Introduction:

Effective regular tooth brushing by caregiver to children under 3 is an essential activity in preventing dental caries. In order to give a hand-on exercise to caregiver on how to brush effectively, demonstration tool is needed. In this case real subject cannot be used, the under 3 child will not let us do. We need a simulated child with oral cavity for this activity.



Objective:

To develop a teaching aid to be used in the hand-on tooth brushing exercise which result in effective tooth brushing and flossing by caregiver to the under 3 child.

Methods and Materials:

Oral cavity with 20 deciduous teeth, gum, lip, cheek, tongue, palate and uvula was developed with synthetic resin in order to imitate oral cavity of an under 3 child. Then put the oral cavity in many kind of dolls end up with teddy with 28 inches long. Teddy is cheap, easy to find and soft. Then having brushing instructors to use and give feedback for improvement and evaluated after using in the training process.



Results:

1) Teddy with sim oral cavity is a good teaching media to train caregivers with very high satisfaction score among trainers and trainees. Satisfaction due to reasonable price and it can imitate brushing situation 2) More than 100 teddies were distributed to 10 province all over Thailand. 3) Teddy is popular through social media like line and facebook the trainers told their friend on how good teddy is in the hand-on brushing process.



Conclusion:

Good teaching aids are important in training process especially in hand-on process. We need an initiative idea in order to make it but it is possible only if we realize on how important it is.

Key words

hand-on brushing exercise, teaching aid, simulation



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